

Ron Wayne Marathon Relay

Date: Saturday September 14th, 2019

Time:

Event Time frame 8:30 – 2pm (Awards at 2:15pm)

8:30-9:00 – Packet Pickup

9:00 – Coaches Meeting

9:30 – Start for all races/genders

(Boys/Girls Large, Small School will all start at 9am and have 4 hours and 30 minutes to finish if needed)

Distance/Standards: 26.219 Miles

Relay teams of 4-14 athletes will combine to get a marathon time. A time limit of 4 hours 30 minutes will be enforced (average pace of 10:17 seconds per mile). Each relay team will run 26 consecutive loops on the 1.008 mile course. A baton used by each team will record the splits for each loop as well as total laps run for each team. The course is all soft materials with some small rolling hills.

Location: NRT (National Resource Trust) of Easton: 307 Main Street, N.Easton, MA 02356

(Closed Course next to Stonehill College, All trails and very spectator friendly)

Teams: All High School teams from MA and sanctioned for NH, RI, ME, VT and CT.

Cost: \$20 per individual; \$80 minimum \$300 max per sex/per school (\$400 maximum per school if both b/g attend) Checks payable to Brockton Track Club. W9 available for schools

Meet Entry: Direct Athletics

Race T-Shirts: Event t-shirts will be for sale \$15 each, cash only. Please support our Boosters Club

Food/Drinks/Snacks: Available at the booster's tent. Also, cash only.

Further Meet Explanation:

- Schools will enter athletes and the relay teams on Direct Athletics. 4-14 athletes per relay team. Each school may have multiple relay teams competing.
- Each Relay team will complete a full marathon as a combined group 26.219 miles
- Athletes on each relay team will take turns running loops around the 1.008 course. 26 laps (loops) by the team will account for 26.219 miles (a full marathon)
- The number of loops per athlete is up to coach so long as relay teams of up to 14 athletes finishes the marathon.
- Each relay team will have a baton/bracelet with a chip that registers the split for each lap of the relay and keeps count of the laps completed.
- Athletes on the same relay team may run in any order and athletes are allowed to run a loop/s and then come back later in relay to run again within that relay team.
- Baton can only be handed off in the “hand off zone” which will be approximately 1/10th of a mile and located before the finish line/Starting line
- We encourage each individual relay team to find a fun way to identify themselves as being on same “team” (Same color shirts, headbands, socks, special uniforms, face paint) is all acceptable

Awards (Plaques) will be for both male and female teams

- Ron Wayne Award (1st Place Team of each gender) Large and Small School Divisions
- 2-6 relay teams (Large School Division 1/2/3)
- 2-6 relay teams (Small School Division 4/5/6)
- Top 3 Splits for the loop (Male and Female from all legs, all relays, all divisions)